

PSYC 351: Abnormal Psychology Spring, 2022

M/W 9:30am to 10:45am, @ Science Building D224.

Professor: Jiaxi (David) Wang, Ph.D.

Email: dwang@uwsp.edu (Preferred method of communication)

Office: SCI D-239

Office Hours: Monday: 12-3pm virtually https://wisconsin-edu.zoom.us/j/96506252087

Contact me if this time doesn't work for you.

Required Text and Materials

Sue, D., et al. (2016). Understanding Abnormal Behavior (11th ed). Cengage.

Microsoft Office: go to <u>Http://office.uwsp.edu</u> to install Microsoft office if you don't have it on your computer.

Course Description

This course is designed to take an academic, scientific, sociocultural, and practical approach to abnormal behavior and its associated outcomes.

Course Objectives

By the end of this class, students should:

- a. Understand fundamental concepts and vocabulary found in the text.
- b. Compare and contrast various models/theories on deviant behavior.
- c. Recognize biases or limitations in writings as they relate to abnormal behavior and be able to anticipate the possible implications of these biases.
- d. Discuss biological and environmental factors to deviant behavior.
- e. Classify various types of disorders, their behaviors, possible causes, and the various clinical and medical remedies used to treat them.
- f. Discuss group factors that affect the behaviors and attitudes of individuals.

Grading Procedure: Total (500 pts.)

3 Exams (100 pts. each)	300 pts.
4 Papers (25 pts. each)	100 pts.
10 online activities/discussions (10 pts. each)	100 pts.

Letter Grades will be calculated by your total cumulated grade divide by 500. Below is the grading scheme.

A:	100-94	C+:	79-77
A-:	93-90	C:	76-74
B+:	89-87	C-:	73-70
B:	86-84	D+:	69-67
B-:	80-83	D:	66-60

Assignments and Assessments

Exams:

3 exams will be given throughout the semester to assess your understanding of course content. It is imperative that you do all of the readings in your textbook, as not all of the information you will be tested on is provided in the lectures. All exams will consist of 50 questions (true/false and multiple choice) worth 2 points each.

Papers:

You are required to write four papers which will help you reflect on course-relevant topics and broaden your understanding of abnormal psychology. They will be approximately 2 pages in length and follow the APA style (1-inch margin, double-spaced, and in 12-point Time New Roman font). Your name and assignment title must only be on the cover page (which is not counted as the body). Please proofread before submitting! Points will be lost for spelling and grammar issues.

Activities/Discussions:

On most weeks, a discussions will be assigned. All of them will be on Canvas, and are due on the Sundays at 11:59pm of their respective weeks

Class Policies

Attendance: no formal attendance will be recorded except for the first two weeks per university policy.

Makeups: Makeup opportunities for late/missed assignments will only be granted for **valid** reasons that can be substantiated by students. Assignments will be given to you at least 1 week before their due dates. Please let me know ahead of time if you anticipate any difficulties.

Disability: In accordance with the University policy, if a student has a documented disability and requires accommodations to obtain equal access in this course, he or she should notify the instructor at the beginning of the semester and make this need known. Students with disabilities must verify their eligibility through Disability Services (DS: LRC 609, 715-346-3365). To learn more about DS, go to: http://www.uwsp.edu/disability/Pages/default.aspx. To learn more about the university's policies/procedures, go to:

http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/ADA/rightsADAPolicyInfo.pdf

Professionalism: The instructor and students in this course will adhere to the University's general Codes of Conduct defined in the University's Community Rights and Responsibilities. The Code of Academic Conduct (Academic Honesty Policy) requires that students do not engage in academic dishonesty. For details, refer to:

- Community Rights and Responsibilities
 (<u>http://www.uwsp.edu/dos/Documents/CommunityRights.pdf</u>)
- Academic Misconduct Webpage (<u>http://www.uwsp.edu/dos/Pages/Academic-Misconduct.aspx</u>)

<u>My Policy</u>: Be respectful to yourself, your fellow students and your instructor throughout the semester. Disruptive/disrespectful behavior will not be tolerated.

As we are well into the pandemic, I want to stress again that communication is the key! If you anticipate and/or experience any difficulties, or just want to talk to a professor, please do not hesitate to contact me. I will try my best to help.

Tentative Schedule

Wks. (starting date)	Class Topic	Notes
1	Syllabus	Paper 1 Assigned
1/24	Ch1 - Introduction	
2	Ch4 - Research	
1/31	Ch2 - treatment	
3	Ch3 - Assessment	
2/7		
4	Review	Paper 1 due
2/14	Exam 1	
5	Ch5 – Anxiety and OCD	Paper 2 Assigned
2/21		
6	Ch6 – Trauma and Stress	
2/28	Ch7 – Somatic and Dissociative	
7	Ch8 – Depression	
3/7	Ch9 – Suicide	
8	Ch10 – Eating disorder	Paper 2 due
3/14	Ch11 – Substance use & Addiction	
9	Spring Break	<mark>Enjoy</mark>
3/21		
10	Review	Paper 3 Assigned
3/28	Exam 2	
11	Ch12 – Schizophrenia Spectrum	
4/4		
12	Ch13 – Neurocognitive and Sleep	
4/11		
13	Ch14 – Sexual, Paraphilic, and Gender	Paper 3 due
4/18		
14	Ch15 – Personality Disorders	Paper 4 assigned
4/25		
15	Ch16 – Developmental Disorders	
5/2		
16	Ch17 – Law and Ethics	
5/9	Review/reserved	
Final Week		Paper 4 due

^{*}The instructor reserves the right to amend this syllabus as deemed necessary and will communicate any changes to the class.

Safety is our number one concern!

Please read the following carefully if you're ever on campus during the Spring semester.

Face Coverings:

At all UW-Stevens Point campus locations, the wearing of face coverings is **mandatory** in all buildings, including classrooms, laboratories, studios, and other instructional spaces. Any student with a condition that impacts their use of a face covering should contact the <u>Disability and Assistive Technology Center</u> to discuss accommodations in classes. Please note that unless everyone is wearing a face covering, in-person classes cannot take place. This is university policy and not up to the discretion of individual instructors. Failure to adhere to this requirement could result in formal withdrawal from the course.

Other Requirements:

- Please monitor your own health each day using this screening tool. If you are not feeling well or believe you have been exposed to COVID-19, do not come to class; email your instructor and contact Student Health Service (715-346-4646).
- As with any type of absence, students are expected to communicate their need to be absent and complete the course requirements as outlined in the syllabus.
- Maintain a minimum of 6 feet of physical distance from others whenever possible.
- Do not congregate in groups before or after class; stagger your arrival and departure from the classroom, lab, or meeting room.
- Wash your hands or use appropriate hand sanitizer regularly and avoid touching your face.
- Please maintain these same healthy practices outside the classroom.